

Weekly money date check-in

15 min

A 15-minute weekly money check-in, alone or as a couple.

MONTH _____ WHO _____

Fifteen minutes, once a week. Tick each item as you go, then write one win and one change.

THIS WEEK	WEEK 1	WEEK 2	WEEK 3	WEEK 4
Date				
Check account balances	☐	☐	☐	☐
Bills due in the next two weeks	☐	☐	☐	☐
Spending vs. the plan	☐	☐	☐	☐
Savings goal progress	☐	☐	☐	☐
Debt balances	☐	☐	☐	☐
Anything coming up (birthdays, trips)	☐	☐	☐	☐

One win

One change

Notes for next month
