

Emergency fund tracker

\$1,000 → 3 months

Start with \$1,000, then build to three months of expenses.

STARTED _____ KEPT AT _____

STEP 1 Starter fund: \$1,000

\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50
\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50

STEP 2 Three months of essentials

MONTHLY ESSENTIALS	PER MONTH
Rent or mortgage	\$
Utilities	\$
Groceries	\$
Insurance	\$
Transportation	\$
Phone & internet	\$
Minimum debt payments	\$
Childcare	\$
Other must-pays	\$
Total per month	\$

TOTAL PER MONTH \$ _____

× 3 months =

YOUR GOAL \$ _____

Divide your goal by ten and write each step under the bar below.
Color in a section each time you pass one.

10%	20%	30%	40%	50%	60%	70%	80%	90%	100%